



Resource List - Spring 2022

PLACER COUNTY BREASTFEEDING COALITION

www.placerbreastfeeding.org

Private Practice Lactation Consultants (IBCLC)

Infant Instincts

Jessica Hopp, IBCLC
infantinstincts.com
(916) 827-5571

Faithful Lactation Support

Shanee Euren, RN, BSN, RNC-NIC, IBCLC
FaithfulLactationSupport.com
(916) 367-1535

Rachel Maxim, IBCLC

(916) 240-1265

The Nest

Katie DaMota, IBCLC
thenestfamilyresource.com
(530) NEST-411

Carolina Jones, IBCLC

(916) 879-4229

Michelle Kunschke, IBCLC

simplymothernurture.com
(916) 956-1999

Golden Oaks Lactation

Danielle Bouchier, RN, IBCLC
golactation.com
(530) 788-3032

Lactation Educators + Counselors

Mothers and Babies First

Jeanne Wade, CLC, CLE
MothersAndBabiesFirst.com
(916) 771-2440

Honeydew You Nutrition & Lactation

Arielle Mize, RD, CLC
honeydewyou.com
(916) 749-9268

Hospital Services + Groups

Kaiser Pediatrics Lactation Appointments

(916) 784-4050

Kaiser Baby & Me Group

(916) 474-6610

Sutter Mothers' Outlet Group

facebook.com/groups/SutterRosevilleMomsOutlet

Sutter Breastfeeding Group

(916) 887-4037

La Leche League

Find a Local Group

llnorcal.org

WIC Breastfeeding Help Line

Placer County WIC

530-889-7211

**Lactation help for non-WIC families available*

Tahoe Area

Krystal Long Birth Services

krystallong.com
(530) 414-1348

Tahoe Forest Center for Health Breastfeeding Support Group

tfhd.com/news/breastfeeding-support-group
(530) 587-3769

Alyssa Lopez, CLC

nourishyournewborn.com
(530) 214-9098

Tahoe Forest Women's Center

tfhd.com/womens-center/postnatal-lactation-services
(530) 582-3247